



martina tanzer
Y O G A

MARTINA TANZER

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	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
08:30	08:30 - 09:45 Anusara® Yoga Basic MARTINA <i>Level 2</i>			08:30 - 09:45 Anusara® Yoga Basic MARTINA <i>Level 2</i>	
17:15	17:15 - 18:15 Yoga Beginner ANDREA <i>Level 1</i>				
17:45		17:45 - 19:00 Anusara® Yoga Rücken MARTINA <i>Level 1</i>			
18:30	18:30 - 19:45 Yoga Basic ANDREA <i>Level 2</i>			18:30 - 19:45 Anusara® Yoga Rücken MARTINA <i>Level 1</i>	
19:15		19:15 - 20:30 Anusara® Yoga Flow MARTINA <i>Level 3</i>	19:15 - 20:30 Yoga Basic SILKE <i>Level 2</i>		